

2023 GRANITE STATE SWIM ASSOCIATION CHAMPIONSHIPS

Milford Keyes Pool

49 Elm St, Milford NH

Saturday, August 5th and Sunday, August 6th

MEET DIRECTOR: TBD

MEET REFEREE: David Hunt davidhunt@live.com (339) 368-4135

MEET ENTRIES: Becky Anderson mkstswim@gmail.com (603) 801-4969

SITE: The Milford Keyes Pool is a six lane, 25-yard pool. Timing method will be done using the Dolphin wireless system. The 2nd and 4th swimmer in the 100-yard relays will start in the water. Teams should set up their areas outside the fence surrounding the pool. There will be limited bleacher seating available for spectators on the pool deck. We ask that spectators rotate in and out of the bleacher seating to share the space with all the other fans who would like to watch the events. Port-a-potties will be available in the field near the skate park. Coaches and parents are reminded that while the nearby skate park and playground are open to the public for use during the meet, use of the facilities is entirely at your own risk

ELIGIBILITY: All swimmers must be registered with a GSSA team that is in good standing and have participated in a minimum of 2 GSSA sanctioned meets during the summer season. A swimmer may swim 3 individual events and 2 relays consistent with GSSA bylaws. Age is determined by the age of the swimmer on the first day of the meet.

ENTRY INFORMATION: Entries must be in Hy-Tek Team Manager (or equivalent) format and emailed to the Entry Chairperson at: mkstswim@gmail.com by 5:00 pm on Sunday, July 28th. Entries will **NOT** be accepted after the deadline. Updates to times will be accepted up until Tuesday, July 30th at 8:00 pm. Please email an updated file. No new entries will be allowed with this file. During the input process, it will be set to allow time updates only. It is the responsibility of coaches/team representatives to be aware of all deadlines. **Please also forward contact information (up to 2 coaches and an entries contact person, if applicable) with your entries as the entries chairperson will be sending out important information and updates via email.** RELAYS: Each team may enter as many qualified swimmers as desired for relay events. Only two relays per team may score.

There is one entry file for this meet. This file must be used and an export must be sent as part of the entry process. The maximum number of entries per swimmer is 3 individual events and 2 relay events. Entry times must be in the correct format. NT or No Times will **not** be accepted. All swimmers must adhere to GSSA rules for entry into the meet.

All teams must forward a current insurance certificate to Arene Berry, Recreation Director in which the Town of Milford is named as an "additional insured" by Tuesday, July 30th. Her email is: aberry@milford.nh.gov

ENTRY FEES: \$22.00 per Swimmer. Checks should be made payable to GSSA. Payment Due Date for all entries is Friday, July 26th. Any team whose payment is not received by July 26th may be cut from the meet and their swimmers may not be allowed to compete. Additionally, any team whose payment is not received by July 26th may be subject to GSSA Board sanctions. They may be fined, points taken away from the team, awards not sent to the team or all three. If there are any problems meeting this deadline, please contact Greg Derderian directly to arrange payment.

DECK REGISTRATION: Will not be accepted.

WARM-UP/WARM-DOWN AREA: The 12-foot/deep end of the pool may be used for warm-up and warm-down subject to the discretion of the meet director. There will be a limited of 4 swimmers allowed in the area at any one time, and a swimmer's coach must be with their swimmer at all times. Entry must be feet-first, as diving is not allowed. The warm-up area is limited to swimmers 11 and over.

MEET FORMAT: The meet will be swum as pre-seeded timed finals for individual events. Scratches will be due as follows:

- Saturday scratches for individual swimmers are due by 3:00 pm Friday, August 2nd
- Sunday scratches for individual swimmers are due by 3:00 pm on Saturday August 3rd
- Relay scratches – A file with preliminary relay names must be sent to the Entry Chairperson by 3pm on Friday, August 2nd. Relay cards will be distributed the morning of each session with entered swimmer's names. Saturday relay scratches are due 8:15am Saturday morning. Sunday relay scratches will be due by 10am Sunday. Relays will be seeded once relay entries are updated and heat sheets for relays will be distributed to coaches by the entry chairperson.

MEET COMMITTEE: The meet committee will be made up of the Meet Director, Meet Referee, one coach, and two athletes. The five members shall be from separate teams.

WEATHER PROTOCOL: If weather or facility conditions make it impossible to follow the original timeline of events, the Meet Director and Meet Referee have a right to make changes to the meet sessions. The Meet Director will notify the teams of the changes with as much notice as possible. Cancellation of the meet, or session, is a decision of the Meet Director, Meet Referee and the Meet Committee.

WARMUPS/TIMING/JOB ASSIGNMENTS: Warm-up, Timing schedules and Job Assignments will be distributed to each team participating in the meet once entries have been submitted. Coaches are responsible for supervising their swimmers during warm-up.

REFRESHMENTS/VENDORS: Milford Recreation will provide a full food concession. State t-shirts, sweatshirts/etc., will be on sale. Electronic programs (via Meet Mobile) will be available for purchase. There will be no admission charge.

RULES: Current U.S. Swimming rules will govern all competition. All teams are expected to provide GSSA (or equivalent) certified Stroke & Turn Officials. Failure to provide officials will result in a fine to the team of \$100.

DECK ACCESS: Only competing athletes, coaches, officials, official meet staff, Milford Recreation Department employees and authorized Press are permitted on the pool deck. Entrance to the pool deck will be via the gate located at the back left side of the pool (nearest lane 6/deep end) and exit will be via the gate on the back right side of the pool (nearest lane 1/shallow end).

DISABILITY SWIMMERS: Any athlete with a disability, as defined by USA Swimming Rules and Regulations, may enter this meet. If modifications to rules are necessary then the coach or athlete must notify the meet referee and meet director of any disability prior to competition. Coaches and teams entering swimmers with disabilities that require any accommodations shall provide advance notice in writing to the meet director by the entry deadline. Failure to provide advance notice may limit the host's ability to accommodate all requests. The swimmer (or the swimmer's coach) is responsible for notifying the Referee, prior to the competition, of any disability of the swimmer and of the requested modification. The swimmer/coach shall provide any assistant(s) or equipment if required.

COACHES MEETING: There will be a coaches meeting before each morning session. All coaches should make arrangements for one coach from each team to attend. All teams are responsible for the information provided at the meetings.

MISCELLANEOUS: Teams accept responsibility for the behavior of their swimmers and related guests at all times. Granite State Swim Association, Milford Keyes Swim Team and Town of Milford assume no responsibility for lost or stolen property. For the health, safety and consideration of our competing athletes, smoking is not permitted. Dogs are required to be on a leash in the park and are not permitted inside the fenced pool area. For safety reasons and due to the size of this meet, portable grills (propane and charcoal) are NOT allowed to be used on-site during the event.

SESSIONS:

Day 1	Day 2
Saturday, August 3rd	Sunday, August 4th
Warm Up: 7:00 am	Warm Up: 7:00 am
Start Time: 9:00 am	Start Time: 9:00 am

DIVISIONS/SCORING: Divisions will be determined by the GSSA League. All teams should have already emailed GSSA President Jim Rezzarday (jimrezzarday@juno.com) an athlete count and insurance certificates for all non-USA teams.

SCORING: The meet will be scored. Scoring is to 6 places for all events. Individual events will earn the following points: 7, 5, 4, 3, 2, and 1. Relays will be worth double points (14, 10, 8, 6, 4 and 2).

PARKING: Keyes Memorial Park provides two large parking areas on-site. Access the main parking area from the East or 45 Elm Street entrance. Enter the West parking area from the 127 Elm Street entrance.

Directions Keyes Memorial Park MAIN Entrance: The address for GPS or Map Quest type services is Keyes Memorial Park 45 Elm St. Milford NH. Two granite posts looking somewhat like a driveway mark the entrance to the park.

From the North (Rte. 13S or Souhegan St in Amherst): From 13S or Souhegan St. cross the bridge onto South St, where it intersects with the Milford Oval. Take the first right onto 101A west towards Keene. Pass Bales School and then a small war memorial on the right and turn right into Keyes Memorial Park.

From the East (Rte. 101A, Rte. 101): 101A heading west turns into Nashua St. Where Nashua St. intersects with South St. is the Milford Oval. Travel around the oval to Elm St. heading towards Keene on 101A west. Pass Bales School and then a small war memorial on the right and turn right into Keyes Memorial Park.

From the West (Rte. 101): 101 heading east turns into Elm St. After passing Hitchiner Manufacturing, continue on Elm St. through two traffic lights. Keyes Memorial Park is on the left just past Elm Chiropractic.

From the South (Rte. 13N): Rte. 13 heading north becomes South St, in Milford. Where South St. intersects with Nashua St is the Milford Oval. Travel around the oval to Elm St. heading towards Keene on 101A west. Pass Bales School and then a small war memorial on the right and turn right into Keyes Memorial Park.

Directions Keyes Memorial Park WEST entrance: The address for GPS or Map Quest type services is 127 Elm St. Milford NH. The entrance to 127 Elm Street is between Milano's Restaurant and Dunkin Donuts - watch for the signs and orange traffic cones.

From the North (Rte. 13S or Souhegan St in Amherst): From 13S or Souhegan St. cross the bridge onto South St, where it intersects with the Milford Oval. Take the first right onto 101A West towards Keene. Pass Bales School, continue west on Elm Street through the light at West Street, pass Milano's Restaurant and Gauthier Law Offices, and turn right into 127 Elm Street.

From the East (Rte. 101A, Rte. 101): 101A heading west turns into Nashua St. Where Nashua St. intersects with South St. is the Milford Oval. Travel around the Oval to Elm St. heading towards Keene on 101A West. Pass Bales School, continue west on Elm Street through the light at West Street, pass Milano's Restaurant and Gauthier Law Offices, and turn right into 127 Elm Street.

From the West (Rte. 101): 101 heading east turns into Elm St. After passing Hitchiner Manufacturing, continue on Elm St. through one traffic light at Granite Town Plaza. 127 Elm Street is on the left one driveway past Dunkin Donuts.

From the South (Rte. 13N): Rte. 13 heading north becomes South St, in Milford. Where South St. intersects with Nashua St is the Milford Oval. Travel around the Oval to Elm St. heading towards Keene on 101A West. Pass Bales School, continue west on Elm Street through the light at West Street, pass Milano's Restaurant and Gauthier Law Offices, and turn right into 127 Elm Street.

GSSA State Championship 2024 Schedule of Events

Saturday, August 3, 2024				Sunday, August 4, 2024			
1	Girls	8 & U	100 Medley Relay	41	Girls	11-12	200 Free
2	Boys	8 & U	100 Medley Relay	42	Boys	11-12	200 Free
3	Girls	9-10	200 Medley Relay	43	Girls	13-14	200 Free
4	Boys	9-10	200 Medley Relay	44	Boys	13-14	200 Free
5	Girls	11-12	200 Medley Relay	45	Girls	15-19*	200 Free
6	Boys	11-12	200 Medley Relay	46	Boys	15-19*	200 Free
7	Girls	13-14	200 Medley Relay	47	Girls	8 & U	25 Back
8	Boys	13-14	200 Medley Relay	48	Boys	8 & U	25 Back
9	Girls	15-19	200 Medley Relay	49	Girls	9-10	50 Back
10	Boys	15-19	200 Medley Relay	50	Boys	9-10	50 Back
11	Girls	8 & U	100 IM	51	Girls	11-12	50 Back
12	Boys	8 & U	100 IM	52	Boys	11-12	50 Back
13	Girls	9-10	100 IM	53	Girls	13-14	100 Back
14	Boys	9-10	100 IM	54	Boys	13-14	100 Back
15	Girls	11-12	200 IM	55	Girls	15-19*	100 Back
16	Boys	11-12	200 IM	56	Boys	15-19*	100 Back
17	Girls	13-14	200 IM	57	Girls	8 & U	50 Free
18	Boys	13-14	200 IM	58	Boys	8 & U	50 Free
19	Girls	15-19*	200 IM	59	Girls	9-10	100 Free
20	Boys	15-19*	200 IM	60	Boys	9-10	100 Free
21	Girls	8 & U	25 Free	61	Girls	11-12	100 Free
22	Boys	8 & U	25 Free	62	Boys	11-12	100 Free
23	Girls	9-10	50 Free	63	Girls	13-14	50 Free
24	Boys	9-10	50 Free	64	Boys	13-14	50 Free
25	Girls	11-12	50 Free	65	Girls	15-19*	50 Free
26	Boys	11-12	50 Free	66	Boys	15-19*	50 Free
27	Girls	13-14	100 Free	67	Girls	8 & U	25 Fly
28	Boys	13-14	100 Free	68	Boys	8 & U	25 Fly
29	Girls	15-19*	100 Free	69	Girls	9-10	50 Fly
30	Boys	15-19*	100 Free	70	Boys	9-10	50 Fly
31	Girls	8 & U	25 Breast	71	Girls	11-12	50 Fly
32	Boys	8 & U	25 Breast	72	Boys	11-12	50 Fly
33	Girls	9-10	50 Breast	73	Girls	13-14	100 Fly
34	Boys	9-10	50 Breast	74	Boys	13-14	100 Fly
35	Girls	11-12	50 Breast	75	Girls	15-19*	100 Fly
36	Boys	11-12	50 Breast	76	Boys	15-19*	100 Fly
37	Girls	13-14	100 Breast	77	Girls	8 & U	100 Free Relay
38	Boys	13-14	100 Breast	78	Boys	8 & U	100 Free Relay
39	Girls	15-19*	100 Breast	79	Girls	9-10	200 Free Relay
40	Boys	15-19*	100 Breast	80	Boys	9-10	200 Free Relay
* Ages 15-16 and 17-19 individual events will be seeded and swum as 15-19, but will be scored as multi-aged events.				81	Girls	11-12	200 Free Relay
				82	Boys	11-12	200 Free Relay
				83	Girls	13-14	200 Free Relay
				84	Boys	13-14	200 Free Relay
				85	Girls	15-19	200 Free Relay
				86	Boys	15-19	200 Free Relay

2024 GSSA Championship Meet
Keyes Memorial Pool, Milford NH
 August 3-4, 2024

Team Name: _____ Abbreviation _____

Team Contact Information		
Coach's Name	Phone	Email
Coach's Name	Phone	Email
Entries Contact Information	Phone	Email

ENTRY FEES

Swimmers _____ @ \$22.00 per swimmer = _____

Checks should be made payable to GSSA, and mailed to Greg Derderian, GSSA Treasurer:
 Greg Derderian
 32 Tinker Road
 Nashua, NH 03064

Entries Deadline (including coach/entries contact information):

Emailed to mkstswim@gmail.com

Sunday, July 28, 2024, 5:00 pm

Payment Deadline: Friday, July 26, 2024

Insurance Certificate Deadline: Tuesday July 30, 2024

Emailed to Arene Berry, Recreation Director: aberry@milford.nh.gov

Any swimmer whose entry is accepted will, for himself, his heirs, executors, and administrators, waive and release any and all rights for damages he may have against Granite State Swim Association, Milford Keyes Swim Team, or the Town of Milford and any volunteer or any employee of the above, for any and all injuries or losses suffered by him at said meet.

Signature of Authorized Team Official: _____ Date: _____